



# EC Escapes

EXPERIENCES, LANGUAGE & CULTURE





# Are you a mature explorer, a culture enthusiast or a lifelong learner?

EC Escapes offers a unique English learning experience, designed especially for mature individuals looking to connect with the world through experiences, language and culture. Our programme is a perfect blend of English classes and the opportunity to experience the local culture, traditions, and history.

## New York

New York is an exciting mix of history, culture, and modern life, making it a great destination for mature learners looking for a meaningful experience. The city's vibrant arts, rich literary past, and cultural diversity offer plenty to explore and learn. Whether you're learning about its immigrant communities, discovering its role in global innovation, or enjoying its famous music and theater, New York has something for everyone. With its energetic atmosphere and many options for fine dining, arts, and education, it's perfect for those who want to explore at their own pace while soaking in a culturally rich environment.

# Course overview



## Improve your English

Our English course is expertly crafted to help you speak confidently in everyday situations while travelling. Our dedicated and highly trained teachers create a comfortable and engaging learning environment. We understand that your primary goal is to communicate effectively, and we're here to support you every step of the way.

## Social Activities

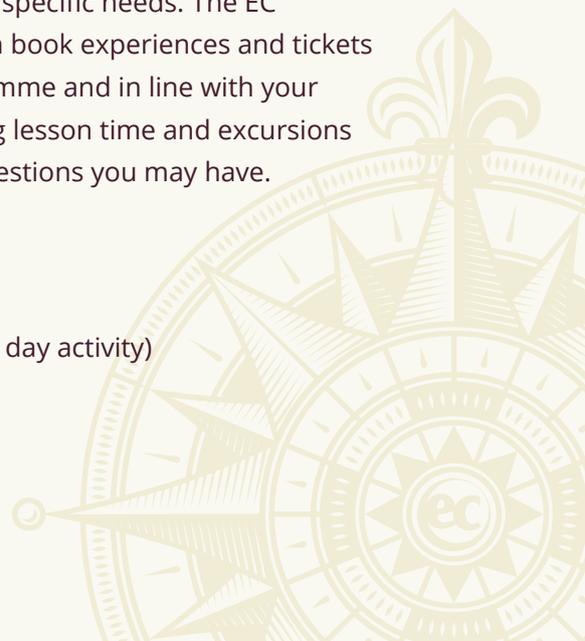
At EC Escapes, we believe that learning English should be as enjoyable as it is educational. That's why we offer an exciting mix of indoor and outdoor activities to ensure you have an unforgettable experience.

## Concierge service

We understand that every traveller is unique and that's why we provide you with a dedicated concierge at each school. They are available to ensure your journey with us is smooth, memorable and tailored to your specific needs. The EC Escapes dedicated concierge can book experiences and tickets for events outside of the programme and in line with your interests and are on hand during lesson time and excursions to guide you and answer any questions you may have.

## Course Package

20 General English lessons  
4 Weekly Activities  
(2-week bookings get 1 extra full day activity)  
Concierge Service  
Transport to and from activities  
Course Materials



**Programme Dates 2025:**  
**3rd March - 25th April**

**Included in every package**

- |                     |                              |
|---------------------|------------------------------|
| Guided tours        | Leisurely walks              |
| Visits to landmarks | Social and dining activities |
| Culinary adventures |                              |

# Sample Timetable

## EC Escapes New York 2025

WEEK 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	General English	General English	General English	General English	General English	Statue of Liberty and Ellis Island	
Afternoon		Central Park Visit & Welcome Dinner		United Nations Visit	Empire State Building Visit & Farewell Rooftop Happy Hour	Food Tour & New York's Best Parks	
Evening			Broadway Musical United Nations Visit				

WEEK 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	General English	General English	General English	General English	General English		
Afternoon	Brooklyn Street Art Walking Tour	Afternoon Boat Cruise	Whiskey Distillery	Birdland Live Jazz & Farewell Happy Hour			
Evening							

**\*The above is subject to change at the discretion of EC New York**

The above timetable serves as an indication for the Cultural Activity start times. Please refer to the following Activity descriptions for more accurate timings.

Lesson times will be as follows:

- Morning Class: 9:00 - 12:15
- Afternoon Class: 14:45 - 18:00



# EC Escapes New York



Our carefully selected activities in New York are chosen to give you the city's cultural diversity, offering you the chance to explore its iconic landmarks, rich history, and vibrant neighborhoods. Each activity is led by our knowledgeable and friendly EC leaders or expert tour guides, ensuring a fun and enriching journey through one of the most dynamic and fast-paced cities on the planet.

## Cultural Activities

Central Park Visit & Welcome Dinner

Broadway Musical

United Nations Visit

Empire State Building Visit & Farewell Rooftop Happy Hour

Statue of Liberty, Food Tour & New York's Best Parks

Brooklyn Street Art Walking Tour

Afternoon Boat Cruise

Whiskey Distillery

Birdland Live Jazz & Farewell Happy Hour



# Central Park Visit & Welcome Dinner



Duration:  
**approx. 4 hours**

Meeting Point:  
**EC School  
Reception**

Meeting Time:  
**3:00 PM**

Join us for a memorable day exploring the beauty and history of Central Park, starting with iconic spots like Bethesda Fountain, Strawberry Fields, and Bow Bridge. As you stroll through the park, your guide will share fascinating historical details and fun facts, bringing the rich heritage of this beloved green space to life. You'll also get to relive the magic of countless movie scenes filmed in Central Park, from classic films to modern hits. Afterward, get to know the rest of EC Escapes travellers with you over an intimate dinner in Manhattan's charming Upper West Side.

**In a snapshot:**

Visit Central Park's Bethesda Fountain, Strawberry Fields, and Bow Bridge

Discover fun facts and movie locations with your guide

Enjoy dinner with fellow travellers in Manhattan's Upper West Side



# Broadway Musical

Duration:  
**approx. 3 hours**

Meeting Point:  
**EC School (Outside)**

Meeting Time:  
**4:00 PM**

Experience the magic of Broadway by enjoying one of New York City's top hit musicals. Known as the world's premier theater district, Broadway has been home to iconic shows for over a century, including timeless classics like The Phantom of the Opera, Hamilton, and Wicked. With its dazzling lights and vibrant atmosphere, Broadway offers an unforgettable cultural experience. Whether you're a theater enthusiast or a first-time viewer, you'll be captivated by the world-class performances and stunning production values that have made Broadway a global entertainment destination.

**In a snapshot:**

Enjoy one of New York City's hit Broadway musicals



# United Nations Visit



Duration:  
**approx. 3 hours**

Meeting Point:  
**EC School  
Reception**

Meeting Time:  
**3:00 PM**

Visit the United Nations Headquarters in the heart of New York City and embark on a one-hour guided tour that offers a unique glimpse into international diplomacy. Led by one of our multilingual tour guides, you'll explore the historic corridors where global decisions are made. Along the way, you'll learn about the history and vital work of the United Nations. Highlights of the tour include visits to the iconic General Assembly Hall and the Security Council Chamber, when meetings allow, giving you a rare look inside these important spaces.

**In a snapshot:**

Tour the United Nations Headquarters in New York City with a one-hour guided visit

Learn about the history and work of the UN from a multilingual guide

Visit the General Assembly Hall and Security Council Chamber, meetings permitting



# Empire State Building Visit & Farewell Rooftop Happy Hour

Duration:  
**approx. 3 hours**

Meeting Point:  
**EC School  
Reception**

Meeting Time:  
**3:00 PM**

Experience the breathtaking views from New York's most famous open-air observatory, where you can take in 360° panoramas of the entire city. From this iconic vantage point, you'll see landmarks like the Brooklyn Bridge, Central Park, and the Statue of Liberty. To cap off your visit, join your fellow travellers for a farewell drink at one of Manhattan's stylish rooftop bars, soaking in the vibrant atmosphere of the city one last time.

**In a snapshot:**

Enjoy 360° views of the city

Visit one of the tallest and iconic buildings, the Empire State Building

End your trip with a farewell drink at a Manhattan rooftop bar



# Statue of Liberty, Food Tour & New York's Best Parks

Enjoy a round-trip ferry to Liberty Island and Ellis Island, with access to the pedestal of the Statue of Liberty. This experience includes round-trip ferry access to the Statue of Liberty grounds on Liberty Island, a visit to the new Statue of Liberty Museum, and the Ellis Island Immigration Museum. Additionally, explore the interior of the Statue of Liberty's pedestal for an up-close look at this iconic monument.

Embark on a food tour featuring seven unique tastings from minority- and women-owned businesses, curated by the James Beard Foundation.

- Chinese dumplings with a twist from a Chinatown institution
- Crunchy sushi-style rice patties, a modern take on Japanese comfort food
- Oyster chowder from Brooklyn's only oyster cart
- Hearty Italian sandwich from award-winning female butchers
- Caribbean-inspired empanadas from a Harlem mainstay

- Seasonal tasting from the James Beard Foundation's incubator program, Good To Go
- Classic, handmade natural Mexican paletas from a husband-and-wife duo showcasing Mexican comfort food

After the food tour, enjoy a relaxing walk through some of New York City's most unique spots:

- Little Island: A new public park offering a blend of nature and art in an urban oasis on the Hudson River.
- High Line: A 1.45-mile elevated linear park, greenway, and rail trail, repurposed from a former New York Central Railroad spur.
- Hudson Yards: Hudson Yards has become the cultural center of Manhattan's New West Side. A template for the future of cities, this new neighborhood has not only changed the way New York looks to the world, but the way the world sees New York.



**In a snapshot:**

Round-trip ferry to Liberty and Ellis Islands with Statue of Liberty access

Food tour with seven tastings from diverse local businesses

Explore Pier 57, Little Island, and Rooftop Park

Walk through Little Island, High Line, and Hudson Yards

Duration: **approx. 10 hours**

Meeting Point: **EC School (Outside)**

Meeting Time: **8:00 AM**



# Brooklyn Street Art Walking Tour



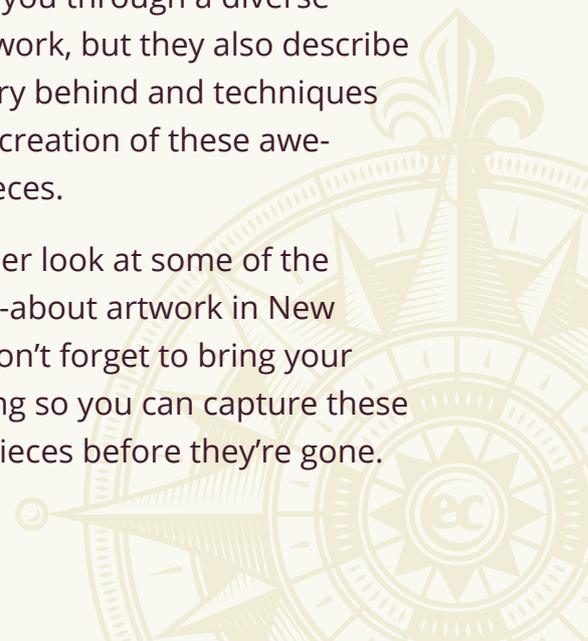
Take a walking tour of the Bushwick Brooklyn Neighborhood to discover the history of urban culture in these vibrant New York City neighbourhoods. Bushwick is world famous for hosting the best street art in the United States. Our tours take you through the streets and show you dozens of these vibrant murals and teach about the artists and their process. Led by a local artist, you gain insight into the graffiti culture and discover amazing murals and spontaneous pieces along the way.

The massive warehouses that line the streets of this neighborhood provide a perfect canvas for this diverse array of vibrant masterpieces, including works by Nick Walker, BK Foxx, Calicho, Jeff Henriquez, Yok and Sheryo, and more. Your tour ticket helps fund the murals which you see on the tour.

Who better to guide our tours than street artists and curators themselves? Your tour guides will have an intimate knowledge of the street art and graffiti world and may even show you some of their own art during the journey! On this educational tour, you gain a fuller understanding of the difference between tagging, graffiti, and street art.

Not only do the knowledgeable tour guides lead you through a diverse array of artwork, but they also describe the backstory behind and techniques used in the creation of these awe-inspiring pieces.

Get an insider look at some of the most talked-about artwork in New York City! Don't forget to bring your camera along so you can capture these incredible pieces before they're gone.



# Brooklyn Street Art Walking Tour

## In a snapshot:

Explore Bushwick's renowned street art on a guided walking tour

See vibrant murals by artists like Nick Walker and BK Foxx

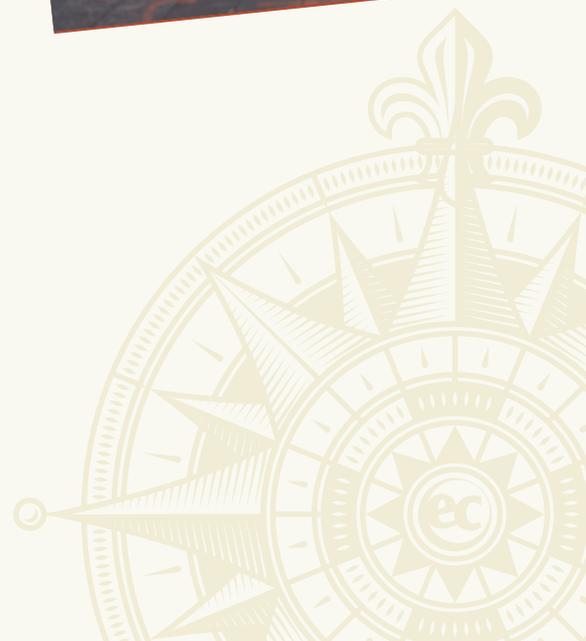
Learn about graffiti culture, tagging, and street art

Tour led by local artists; ticket supports mural funding

Duration: **approx. 2 hours**

Meeting Point: **EC School Reception**

Meeting Time: **12:30 PM**



# Afternoon Boat Cruise

Head down the mighty Hudson River, past Hudson Yards and Little Island, gliding by the towering One World Trade Center, past Ellis Island until you are just feet away from the Statue of Liberty. Experience breathtaking views of lower Manhattan before quietly slipping under the Brooklyn, Manhattan and Williamsburg bridges for a short journey up the East River before returning to Pier 83 in midtown Manhattan. Our world-famous tour guides narrate the story of New York City as you sit back and relax in the comfort of our modern boats.

## **In a snapshot:**

Enjoy a narrated river cruise tour along Hudson River on modern boats

See views of Little Island and One World Trade Center

Pass by Ellis Island and Manhattan

Cruise under the Brooklyn, Manhattan, and Williamsburg bridges

Duration: **approx. 2.5 hours**

Meeting Point: **EC School Reception**

Meeting Time: **2:30 PM**



# Whiskey Distillery



Duration:  
**approx. 2 hours**

Meeting Point:  
**EC School Reception**

Meeting Time:  
**3:00 PM**

Visit Manhattan's first legal whiskey distillery since Prohibition. Distilling New York is a one hour guided tour of our distillery which will include an overview of our story, our ingredients, process, equipment, and a tasting of three Great Jones whiskeys – Our Straight Bourbon, Four Grain Bourbon, and Rye.

**In a snapshot:**

Visit a whiskey distillery

Learn about the history, ingredients and process of whiskey making in New York

Taste three Great Jones whiskeys



# Birdland Live Jazz & Farewell Happy Hour



Duration:

**approx. 2.5 hours**

Meeting Point:

**EC School (Outside)**

Meeting Time:

**5:00 PM**

Ever since most of Chicago's top musicians moved to New York in the mid-to-late 1920s, New York City has been the Jazz Mecca. Nearly every major jazz style of the past seventy years has been initiated in the Big Apple. Experience the sounds of live jazz in an intimate concert with a drink and some nibbles

Then, finish your evening with farewell drinks at *Don't Tell Mama*, a local piano bar where you'll experience the incredibly talented singing from the waiters and bartenders!

**In a snapshot:**

New York City has been the Jazz Mecca since the 1920s

Enjoy live jazz in an intimate concert setting with a drink and light snacks

Visit the piano bar, *Don't Tell Mama*

