



EC Escapes

EXPERIENCES, LANGUAGE & CULTURE





Are you a mature explorer, a culture enthusiast or a lifelong learner?

EC Escapes offers a unique English learning experience, designed especially for mature individuals looking to connect with the world through experiences, language and culture. Our programme is a perfect blend of English classes and the opportunity to experience the local culture, traditions, and history.

Montreal

With sites like the historic Old Montreal and the vibrant Plateau Mont-Royal, Montreal seamlessly blends vibrant culture with rich history, making it perfect for mature explorers. Wander through quaint cobblestone streets, relax at charming outdoor cafés, and immerse yourself in the dynamic arts scene. Montreal boasts an array of theatre and music festivals, lively clubs, and exciting live venues.

For nature enthusiasts, the stunning Quebec wilderness and the breathtaking Laurentian mountains are just an hour away, offering endless adventure. Experience exceptional cuisine, lively city life, and enriching cultural experiences in this captivating city. Montreal is your gateway to a perfect blend of urban excitement and natural beauty.

Course overview



Improve your English

Our English course is expertly crafted to help you speak confidently in everyday situations while travelling. Our dedicated and highly trained teachers create a comfortable and engaging learning environment. We understand that your primary goal is to communicate effectively, and we're here to support you every step of the way.

Social Activities

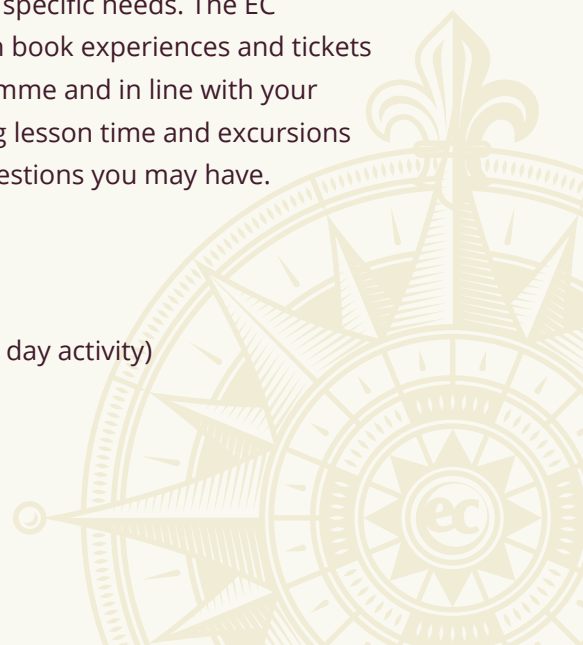
At EC Escapes, we believe that learning English should be as enjoyable as it is educational. That's why we offer an exciting mix of indoor and outdoor activities to ensure you have an unforgettable experience.

Concierge service

We understand that every traveller is unique and that's why we provide you with a dedicated concierge at each school. They are available to ensure your journey with us is smooth, memorable and tailored to your specific needs. The EC Escapes dedicated concierge can book experiences and tickets for events outside of the programme and in line with your interests and are on hand during lesson time and excursions to guide you and answer any questions you may have.

Course Package

20 General English lessons
4 Weekly Activities
(2-week bookings get 1 extra full day activity)
Concierge Service
Transport to and from activities
Course Materials



Programme Dates 2025:
13th October - 5th December

Included in every package

Guided tours
Visits to landmarks
Culinary adventures
Leisurely walks
Social and dining activities

Sample Timetable

EC Escapes Montreal 2025

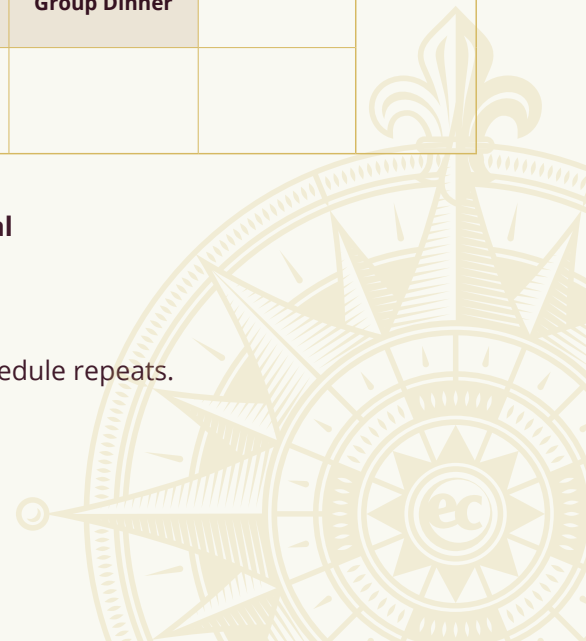
WEEK 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:00-12:15	General English	General English	General English	General English	General English	Laurentians Tour and/or Ottawa Day Trip and/or Quebec City Day Trip	
13:00-18:00		An evening in Old Montreal	Fine Arts Museum	Mixology	Casino Night		
Evening							

WEEK 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:00-12:15	General English	General English	General English	General English	General English		
13:00-18:00		Mount Royal Stroll	High Tea at the Ritz	Mixology	Group Dinner		
Evening							

***The above is subject to change at the discretion of EC Montreal**

Weekend activity only available for every 2 week bookings.

Recommended programme duration is 2 weeks; thereafter, the schedule repeats.



EC Escapes Montreal



Our thoughtfully selected activities are chosen for their cultural significance, allowing you to discover the rich heritage, stunning landscapes, and unique traditions of Montreal. Each activity is guided by our knowledgeable and friendly EC leaders accompanied by licensed tour guides, ensuring you have a pleasurable and enriching experience.

Cultural Activities

Evening in Old Montreal

Fine Arts Museum

Casino Night

Mount-Royal Stroll

High Tea at the Ritz

Mixology

Group Dinner

Laurentians Tour **

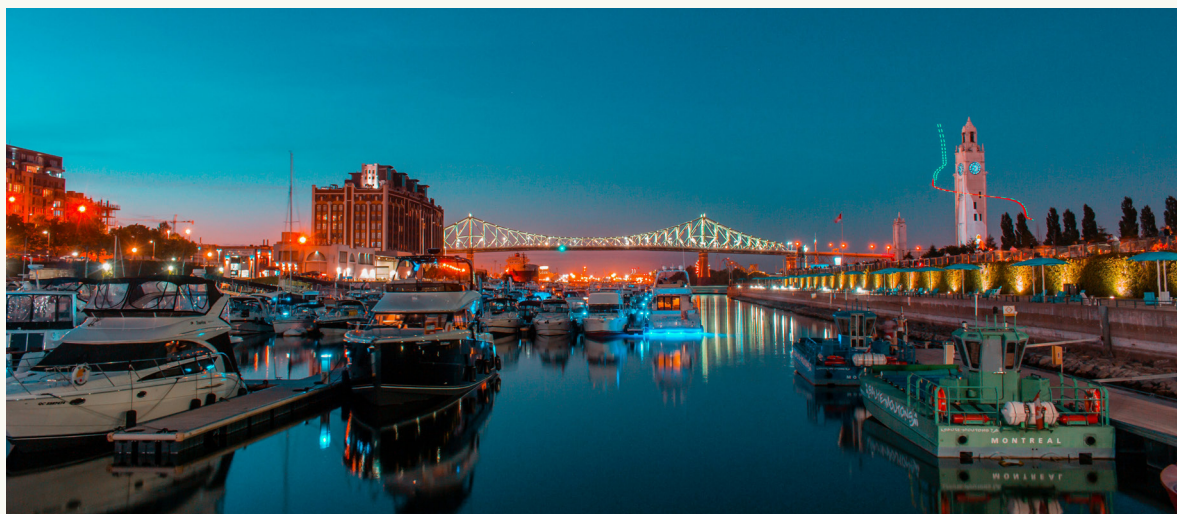
Day Trip to Quebec City**

Day Trip to Ottawa**

** Weekend activity will be one of the above full-day tours



Evening in Old Montreal



Duration:
approx. 3 hours

Meeting Point:
**EC Office
(Outside)**

Meeting Time:
5:00 PM

Experience the magic of Old Montreal with our special evening tour, where history meets charm under the glow of city lights. As the sun sets, join us for a guided stroll through the cobbled streets of Montreal's most historic district. You'll be captivated by the beautifully illuminated architecture, including the iconic Notre-Dame Basilica, whose façade sparkles against the night sky. To complete the evening, we'll stop at a cosy café or bistro where you can unwind with a warm drink or a sweet treat, soaking in the ambience of this timeless neighbourhood. Whether you're a history enthusiast, a foodie, or simply looking for a memorable way to spend an evening, this tour is for you.

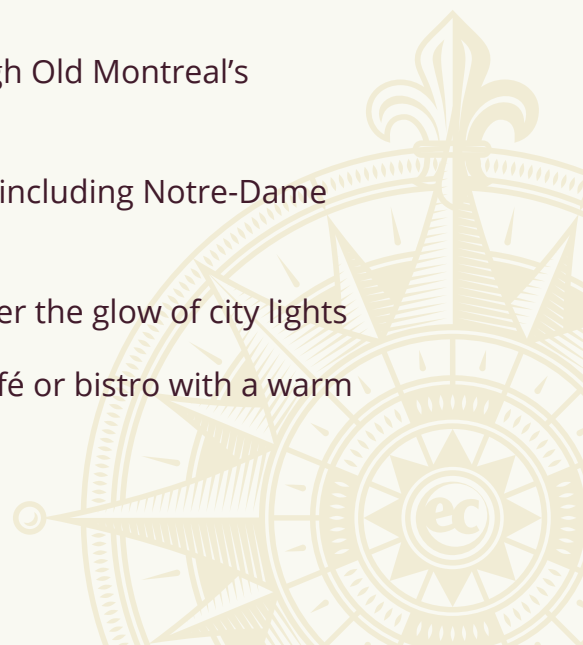
In a snapshot:

Guided evening stroll through Old Montreal's historic district

View illuminated landmarks including Notre-Dame Basilica

Explore cobbled streets under the glow of city lights

End the evening at a cosy café or bistro with a warm drink



Fine Arts Museum

Duration:
approx. 3 hours

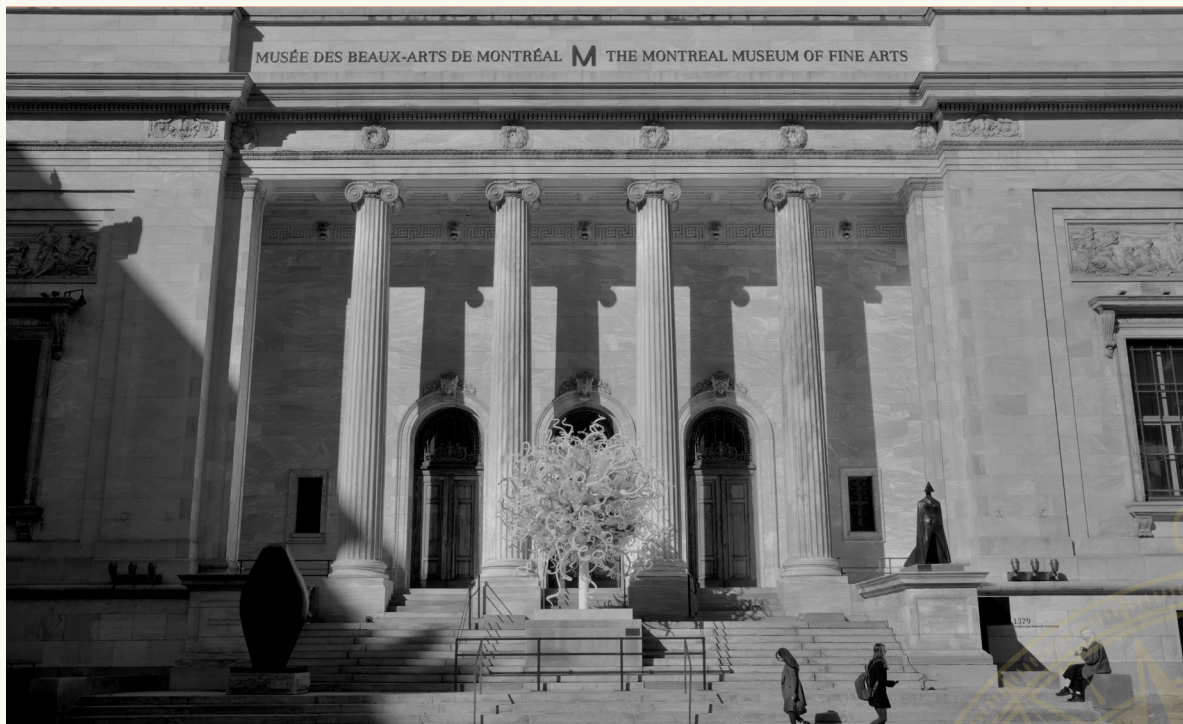
Meeting Point:
EC School Reception

Meeting Time:
2:00 PM

Join us for a day of inspiration, creativity, and discovery at the Montreal Museum of Fine Arts—a must-visit destination for anyone looking to experience the cultural heart of the city! Explore a wide range of collections from classic to contemporary, learn about the history and techniques of renowned artists, and enjoy time at the museum's café and sculpture garden.

In a snapshot:

Explore collections from classic to contemporary art
Learn about renowned artists and their techniques
Visit the museum's café and sculpture garden
A cultural highlight in the heart of Montreal



Casino Night



Duration:

approx. 3 hours

Meeting Point:

EC School (Outside)

Meeting Time:

7:00 PM

Try your luck at the Montreal Casino, one of the largest casinos in Canada. Enjoy a thrilling night of gaming with a wide variety of slot machines, table games, and poker. The casino also features live entertainment and fine dining options.

In a snapshot:

Experience one of Canada's largest casinos

Enjoy slot machines, table games, and poker

Live entertainment and fine dining options

Thrilling night of gaming and fun



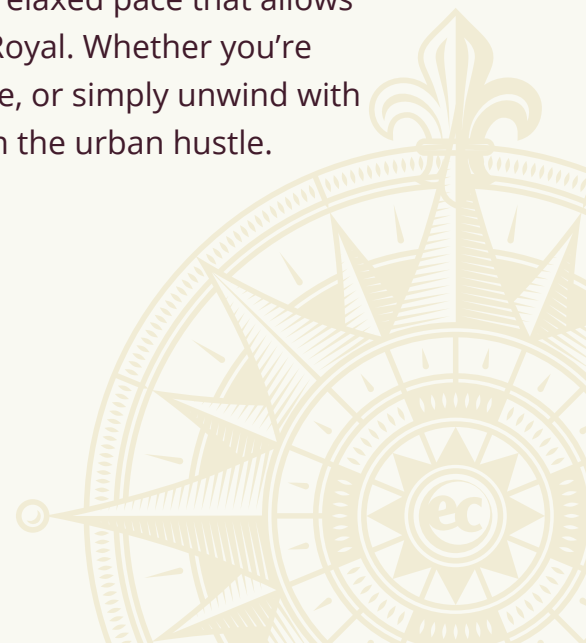
Mount-Royal Stroll



Embark on a serene and scenic stroll through Mount Royal, the beloved green heart of Montreal. This activity invites you to explore the natural beauty and stunning views of the city from this iconic landmark. As we make our way along the gentle trails, you'll be surrounded by lush greenery, peaceful woodlands, and the vibrant colours of the season.

Our leisurely walk will take us up to the famous Kondiaronk Belvedere, where you'll be rewarded with breathtaking panoramic views of downtown Montreal, the St. Lawrence River, and beyond. It's the perfect spot to snap some photos, take in the fresh air, and admire the city from above. Along the way, we'll pass by historic sites such as the Mount Royal Cross and the elegant Chalet du Mont-Royal, where you can learn about the park's history and its significance to the city.

This stroll is suitable for all fitness levels and offers a relaxed pace that allows you to fully enjoy the tranquil atmosphere of Mount Royal. Whether you're looking to connect with nature, get some light exercise, or simply unwind with friends, this activity provides a refreshing escape from the urban hustle.



Mount-Royal Stroll

Duration:

approx. 3 hours

Meeting Point:

EC School Reception

Meeting Time:

3:00 PM

In a snapshot:

Gentle walk through the scenic trails of Mount Royal

Panoramic views from Kondiaronk Belvedere

Pass historic landmarks like Mount Royal Cross

Suitable for all fitness levels, perfect for relaxation



High Tea at the Ritz



Duration:
approx. 3 hours

Meeting Point:
**EC Office
(Outside)**

Meeting Time:
5:00 PM

Indulge in the elegance of high tea at the Ritz-Carlton Montreal. Enjoy a selection of fine teas, delicate sandwiches, freshly baked scones, and exquisite pastries in the luxurious Palm Court setting.

In a snapshot:

Indulge in elegant high tea at Ritz-Carlton Montreal
Enjoy fine teas, sandwiches, scones, and pastries
Luxurious setting in the Palm Court
Perfect for a refined afternoon experience



Mixology



Duration:

approx. 2 hours

Meeting Point:

EC School Reception

Meeting Time:

5:00 PM

Enhance your cocktail-making skills with professional mixology lessons. Learn the art of crafting perfect cocktails, from classic recipes to innovative creations, using premium ingredients and expert techniques.

In a snapshot:

Learn cocktail-making with expert mixologists

Master classic and innovative cocktail recipes

Use premium ingredients and professional techniques

Improve your skills in a fun, hands-on environment



Group Dinner

Enjoy a delicious group dinner at Reuben's Deli & Steakhouse, famous for its Montreal smoked meat sandwiches and hearty dishes. Reuben's offers a warm and welcoming dining experience on Montreal's most popular street, Ste-Catherine's Street.

In a snapshot:

Savour famous Montreal smoked meat at Reuben's Deli

Enjoy hearty dishes in a warm, welcoming atmosphere

Located on Ste-Catherine's Street, Montreal's most popular

Perfect for group dining and sharing a local experience

Duration: **approx. 3 hours**

Meeting Point: **EC Office (Outside)**

Meeting Time: **5:00 PM**



Laurentians Tour

Explore the scenic beauty of the Laurentian Mountains with a guided tour. Discover charming villages, picturesque landscapes, and outdoor activities such as hiking, boating, and skiing in this stunning region.

In a snapshot:

Discover the beauty of the Laurentian Mountains

Visit charming villages and picturesque landscapes

Outdoor activities include hiking, boating, and skiing

A scenic escape into nature

Duration: **approx. 12 hours**

Meeting Point: **Dorchester Square
(1255 Peel St.)**

Meeting Time: **9:00 AM**



Day Trip to Quebec City



Duration:

approx. 12 hours

Meeting Point:

**Dorchester Square
(1255 Peel St.)**

Meeting Time:

8:00 AM

Take a day trip to the historic Quebec City, known for its charming old town, cobbled streets, and stunning architecture. Visit iconic landmarks such as the Chateau Frontenac, explore local boutiques, and savour the city's French-inspired cuisine. (Approximately 2.5 hours from Montreal by coach bus).

In a snapshot:

Explore the historic old town with cobbled streets

Visit landmarks like Chateau Frontenac

Shop at local boutiques and enjoy French-inspired cuisine

Approximately 2.5 hours from Montreal by coach bus



Day Trip to Ottawa



Duration:

approx. 12 hours

Meeting Point:

**Dorchester Square
(1255 Peel St.)**

Meeting Time:

9:00 AM

Discover Canada's capital city with a day trip to Ottawa. Explore Parliament Hill, visit world-class museums, and take a scenic cruise along the Rideau Canal. Ottawa offers a rich blend of history, culture, and natural beauty. (Ottawa is located 2 hours from Montreal by coach bus.)

In a snapshot:

Visit Parliament Hill and world-class museums

Take a scenic cruise along the Rideau Canal

Experience Ottawa's rich history and natural beauty

Approximately 2 hours from Montreal by coach bus

