



# EC Escapes

EXPERIENCES, LANGUAGE & CULTURE





# Are you a mature explorer, a culture enthusiast or a lifelong learner?

EC Escapes offers a unique English learning experience, designed especially for mature individuals looking to connect with the world through experiences, language and culture. Our programme is a perfect blend of English classes and the opportunity to experience the local culture, traditions, and history.

## Dublin

This small yet charming capital city combines rich Celtic heritage with contemporary living. From its cobblestone streets to its iconic Georgian architecture, Dublin is filled with opportunities to explore Ireland's rich past. Delve into the tales of literary giants, visit historic castles, and discover the heart of Irish culture through music, art, and folklore. Dublin provides a welcoming atmosphere for a fulfilling and educational travel experience, perfectly suited to the leisurely pace and refined tastes of mature travellers.

# Course overview



## Improve your English

Our English course is expertly crafted to help you speak confidently in everyday situations while travelling. Our dedicated and highly trained teachers create a comfortable and engaging learning environment. We understand that your primary goal is to communicate effectively, and we're here to support you every step of the way.

## Social Activities

At EC Escapes, we believe that learning English should be as enjoyable as it is educational. That's why we offer an exciting mix of indoor and outdoor activities to ensure you have an unforgettable experience.

## Concierge service

We understand that every traveller is unique and that's why we provide you with a dedicated concierge at each school. They are available to ensure your journey with us is smooth, memorable and tailored to your specific needs. The EC Escapes dedicated concierge can book experiences and tickets for events outside of the programme and in line with your interests and are on hand during lesson time and excursions to guide you and answer any questions you may have.

## Course Package

20 General English lessons  
4 Weekly Activities  
(2-week bookings get 1 extra full day activity)  
Concierge Service  
Transport to and from activities  
Course Materials



**Programme Dates 2025:**  
**23rd June - 15th August**

**Included in every package**

- Guided tours
- Visits to landmarks
- Culinary adventures
- Leisurely walks
- Social and dining activities

## Sample Timetable

### EC Escapes Dublin 2025

WEEK 1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning			Trinity College & the Book of Kells	Botanical Gardens			Full Day tour to Galway & the Cliffs of Moher
Afternoon	General English	General English	General English	General English	General English		
Evening	Irish Cuisine Dinner				Irish Pub Visit		

WEEK 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	Dublin Castle			Guinness Storehouse			
Afternoon	General English	General English	General English	General English	General English		
Evening		Irish Dancing Event			Farewell Dinner		

\*The above is subject to change at the discretion of EC Dublin

**Lesson times**

Afternoon: 13:00-16:15



# EC Escapes Dublin



Our thoughtfully selected activities are chosen for their cultural significance, allowing you to discover the rich heritage, stunning landscapes, and unique traditions of Ireland. Each activity is guided by our knowledgeable and friendly EC leaders or by licensed tour guides, ensuring you have a pleasurable and enriching experience.

## Cultural Activities

- Irish Cuisine Dinner
- Tinity College & the Book of Kells
- Botanical Gardens
- Irish Pub Visit
- Full Day Tour to Galway & the Cliffs of Moher
- Dublin Castle
- Irish Dancing Event
- Guinness Storehouse
- Farewell Dinner



# Irish Cuisine Dinner



Duration:  
**approx. 3 hours**

Meeting Point:  
**EC Dublin School**

Meeting Time:  
**7:00 PM**

A homemade Irish cooking experience with Anne in her cozy Dublin home feels like joining a friend in the heart of Ireland. Anne's warm smile welcomes you into her kitchen, where the scent of fresh, wholesome ingredients fills the air. As you learn to make traditional dishes like hearty stews or buttery soda bread, Anne shares stories of her family recipes and Irish traditions, making you feel part of something truly special. The experience is more than just cooking; it's about connecting with the soul of Irish culture, one delicious bite at a time.

**In a snapshot:**

Cook traditional Irish dishes in a cozy Dublin home

Learn family recipes and cultural traditions

Enjoy a hands-on, intimate experience

Connect with Irish culture through food



# Trinity College & the Book of Kells



Duration:  
**approx. 2 hours**

Meeting Point:  
**EC Dublin School**

Meeting Time:  
**10:00 AM**

Trinity College Dublin, nestled in the heart of Ireland's vibrant capital, is a place where history whispers through cobblestone pathways and ancient buildings. One of its most treasured gems is the Book of Kells, a breathtakingly illuminated manuscript created by Celtic monks over a thousand years ago. This masterpiece, housed in the college's stunning Old Library, dazzles visitors with its intricate designs and vivid colors, telling stories of faith and art that have captivated imaginations for centuries. At Trinity, the past and present dance together in a beautiful embrace, with the Book of Kells as their shining star.

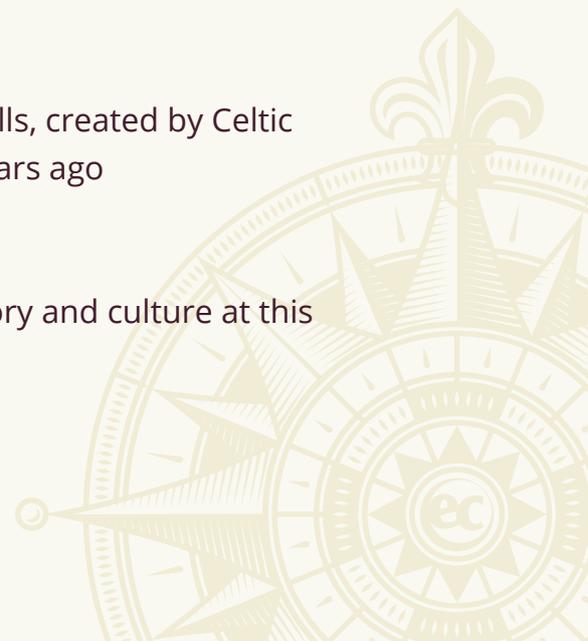
**In a snapshot:**

Visit Trinity College Dublin

See the ancient Book of Kells, created by Celtic monks over a thousand years ago

Explore the Old Library

Experience a blend of history and culture at this iconic site



# Botanical Gardens



Duration:  
**approx. 3 hours**

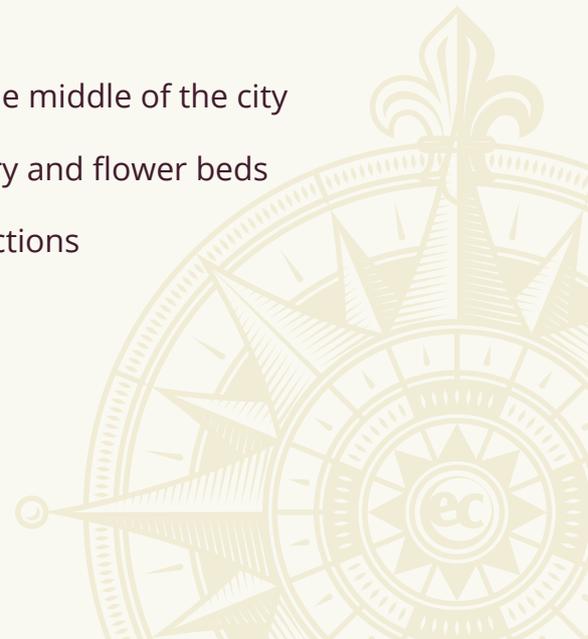
Meeting Point:  
**EC Dublin School**

Meeting Time:  
**9:00 AM**

The Botanical Gardens in Dublin are a peaceful oasis, tucked away from the city's hustle and bustle. With winding paths that lead you through lush greenery, vibrant flower beds, and tranquil ponds, it's a place where nature truly shows off its beauty. The gardens are home to a stunning array of plants from all over the world, from towering palm trees in the Victorian glasshouses to delicate blooms that paint the landscape with colour. Whether you're a plant lover or just seeking a quiet escape, the Botanical Gardens offer a delightful retreat where every corner brings a new discovery.

**In a snapshot:**

- Enjoy a peaceful oasis in the middle of the city
- Stroll through lush greenery and flower beds
- Explore diverse plant collections



# Irish Pub Visit

Visiting an Irish pub in Dublin is like stepping into a warm embrace of laughter, music, and good company. As you walk through the door, you're greeted by the cozy hum of conversation, the clinking of glasses, and the scent of hearty food. The walls are adorned with memorabilia that tells tales of the city's rich history, while the lively tunes of traditional Irish music fill the air. Whether you're sipping on a perfectly poured pint of Guinness or chatting with friendly locals, an Irish pub in Dublin feels like a home away from home, where every stranger is just a friend you haven't met yet.

## In a snapshot:

Experience the warm and lively atmosphere of an Irish pub

Enjoy traditional Irish music

An opportunity to meet and chat with locals

Duration: **approx. 3 hours**

Meeting Point: **EC Dublin School**

Meeting Time: **6:00 PM**



# Full Day Tour to Galway & the Cliffs of Moher



Duration:  
**approx. 12 hours**

Meeting Point:  
**Molly Malone  
Statue on Suffolk  
Street**

Meeting Time:  
**6:00 AM**

**In a snapshot:**

A full-day tour to Galway and the Cliffs of Moher is like stepping into a postcard of Ireland's most breathtaking landscapes. The day starts in the charming streets of Galway, filled with colourful shopfronts, offering a glimpse into Ireland's vibrant spirit. As the tour continues, you're taken to visit the rugged landscape of the Cliffs of Moher. The dramatic cliffs have a stunning view above the Atlantic Ocean and are home to one of the largest colonies of seabirds in Ireland.

Explore the streets of Galway filled with colourful shops

Soak in the Irish landscape as your drive through the countryside

Enjoy the ocean views from the Cliffs of Moher



# Dublin Castle



Duration:  
**approx. 2 hours**

Meeting Point:  
**EC Dublin School**

Meeting Time:  
**10:00 AM**

Nestled in the heart of the city, this historic fortress blends medieval charm with regal elegance. As you wander through its grand halls and courtyards, you can almost hear the echoes of kings, queens, and knights who once roamed these grounds. The vibrant gardens offer a peaceful retreat, perfect for a quiet stroll. Whether you're exploring the richly decorated State Apartments or marveling at the ancient architecture, Dublin Castle is a captivating glimpse into Ireland's royal past.

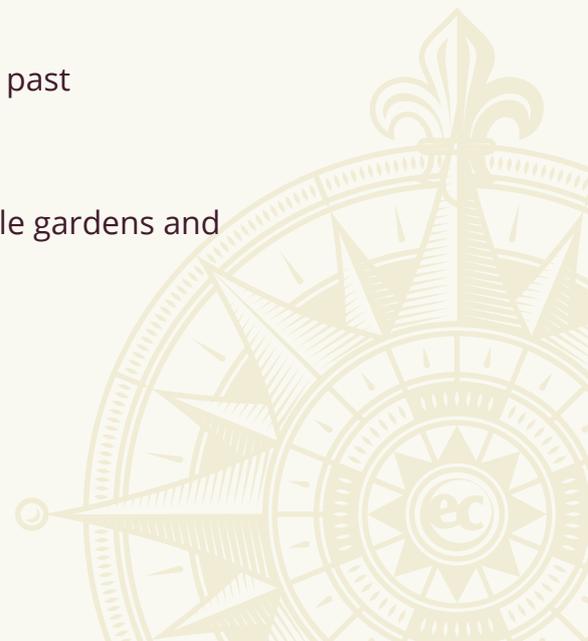
**In a snapshot:**

Explore Dublin Castle

Learn about Ireland's royal past

Visit State Apartments

Enjoy the surrounding castle gardens and landscape



# Irish Dancing Event

Music, movement, and merriment. The air is filled with the spirited rhythms of traditional tunes, setting hearts alight with energy. Dancers clad in vibrant, flowing costumes leap and spin with joyful precision, their feet tapping and stomping in perfect harmony. The infectious smiles and enthusiastic cheers from the crowd create an atmosphere of pure celebration and community. Every step and jig tells a story of Ireland's rich heritage, making the experience both enchanting and heartwarming. An Irish dancing event is a delightful showcase of culture and joy that leaves everyone smiling and tapping their toes.

## **In a snapshot:**

Enjoy lively traditional tunes

Watch dancers in vibrant costumes

Feel the energy from the crowd's cheers and smiles

Experience a traditional Irish celebration

Duration: **approx. 2 hours**

Meeting Point: **EC Dublin School**

Meeting Time: **7:00 PM**



# Guinness Storehouse



Duration:  
**approx. 3 hours**

Meeting Point:  
**EC Dublin School**

Meeting Time:  
**10:00 AM**

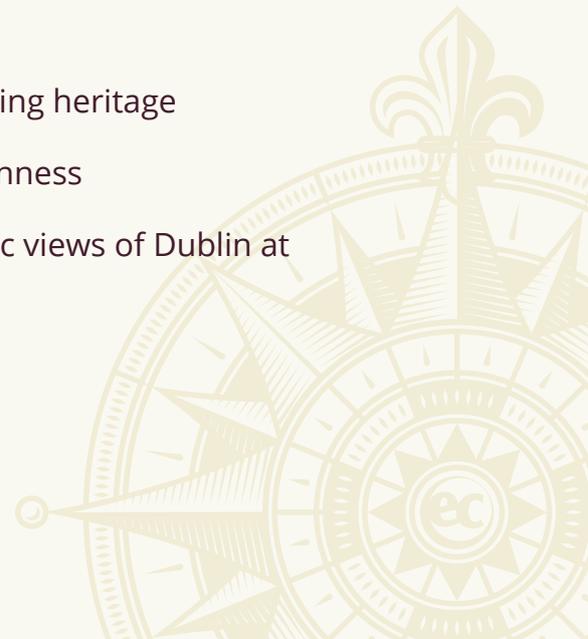
Guinness Storehouse in Dublin is like taking a joyful dive into the heart of Ireland's brewing heritage. As you explore the seven-story wonder, you're immersed in the rich history of Guinness, from the art of brewing to the magic of its iconic advertising. The highlight is the Gravity Bar at the top, where you can savor a perfectly poured pint with a panoramic view of Dublin's skyline. Every step in the Storehouse is infused with the spirit of fun and tradition, making it an unforgettable experience for both beer lovers and curious travellers alike.

**In a snapshot:**

Learn about Ireland's brewing heritage

Discover the history of Guinness

Enjoy a pint with panoramic views of Dublin at the Gravity Bar



# Farewell Dinner



Duration:  
**approx. 3 hours**

Meeting Point:  
**EC Dublin School**

Meeting Time:  
**7:00 PM**

A farewell dinner in Dublin, as your Irish experience draws to a close, feels like the perfect blend of bittersweet memories and warm laughter. Gathered around a cozy table in a traditional restaurant, the soft glow of candlelight reflects the friendships and stories you've gathered along the way. As you savor your last bites of hearty Irish and sip a final toast of smooth whiskey or rich Guinness. It's a moment of reflection and gratitude, where the magic of Ireland lingers in every smile, making it hard to say goodbye but easy to promise a return.

**In a snapshot:**

Enjoy a farewell dinner in Dublin

A traditional restaurant with candlelit ambiance

Reflect on your journey with live music

